

# Bird of Paradise Mug Rug

Pattern for 9" x 12" WoolFelt  
Home Décor Project



Elizabeth Coughlin Designs  
[ecoughlindesigns.etsy.com](https://ecoughlindesigns.etsy.com)  
[ecoughlindesigns.blogspot.com](https://ecoughlindesigns.blogspot.com)

# Bird of Paradise Mug Rug

---

Wool Felt Home Décor Project - Finished size is approximately 9" x 12".

Copyright 2021 Elizabeth Coughlin

For personal use only, do not sell items made using these designs. Purchase of pattern does not constitute transfer of copyright or license for commercial usage. All Rights Reserved.

Elizabeth Coughlin Designs Blog:

[ecoughlindesigns.blogspot.com](http://ecoughlindesigns.blogspot.com)

My Etsy Store:

[ecoughlindesigns.etsy.com](http://ecoughlindesigns.etsy.com)

## Materials:

---

- National Nonwovens WoolFelt:
  - 12" x 18" sheet Charming Coral
  - 5" x 7" piece Rose Petal
  - 9" x 5" piece Limelight
- DMC Six-Strand Embroidery Floss to match WoolFelt (use three strands at a time):
  - 351 to use with the Charming Coral and Rose Petal WoolFelts
  - 471 to use with the Limelight WoolFelts
- Large-eyed chenille needle, straight pins, scissors, freezer paper, pen or pencil, glue stick, iron.

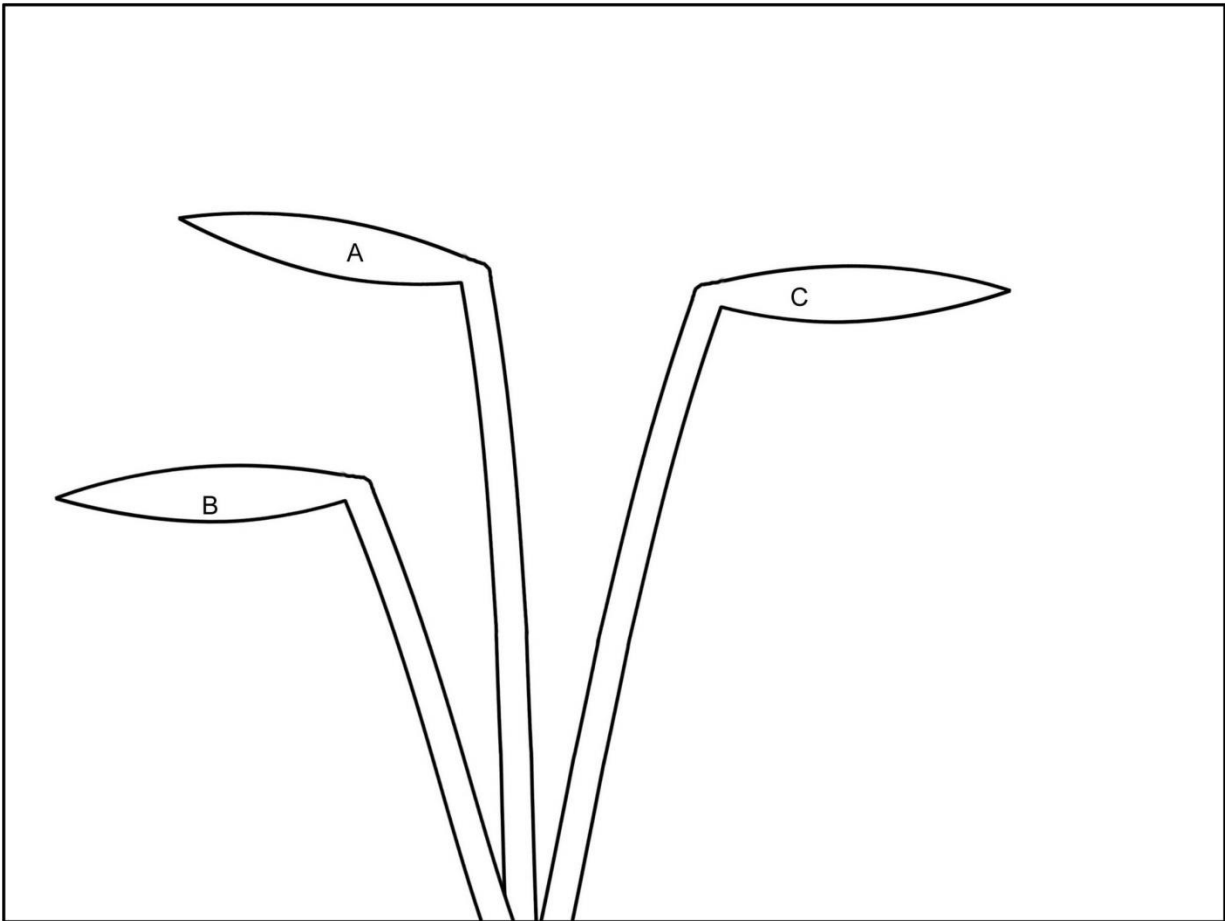
## Assembly

---

- Fold the Charming Coral 12" x 18" sheet in half, crosswise. Press with an iron on the wool setting. Cut on fold line to have two 9" x 12" pieces. Put one piece aside for backing.
- Trace all pattern pieces onto freezer paper and cut out. Transfer the letters onto the freezer paper templates.
- To use the freezer paper templates, place them shiny side down on the WoolFelt. Set the iron to the wool setting with no steam; the iron must be dry. Iron the freezer paper onto the WoolFelt, pressing down for a few seconds until the freezer paper sticks.
- Cut the pattern pieces out of the WoolFelt in the following quantities:
  - From the Rose Petal 5" x 7" piece, cut the three flowers.
  - From the Limelight 9" x 5" piece, cut the three stems.
- Use the glue stick to adhere smaller applique pieces before stitching.
- Use three strands of the indicated floss for all stitching.

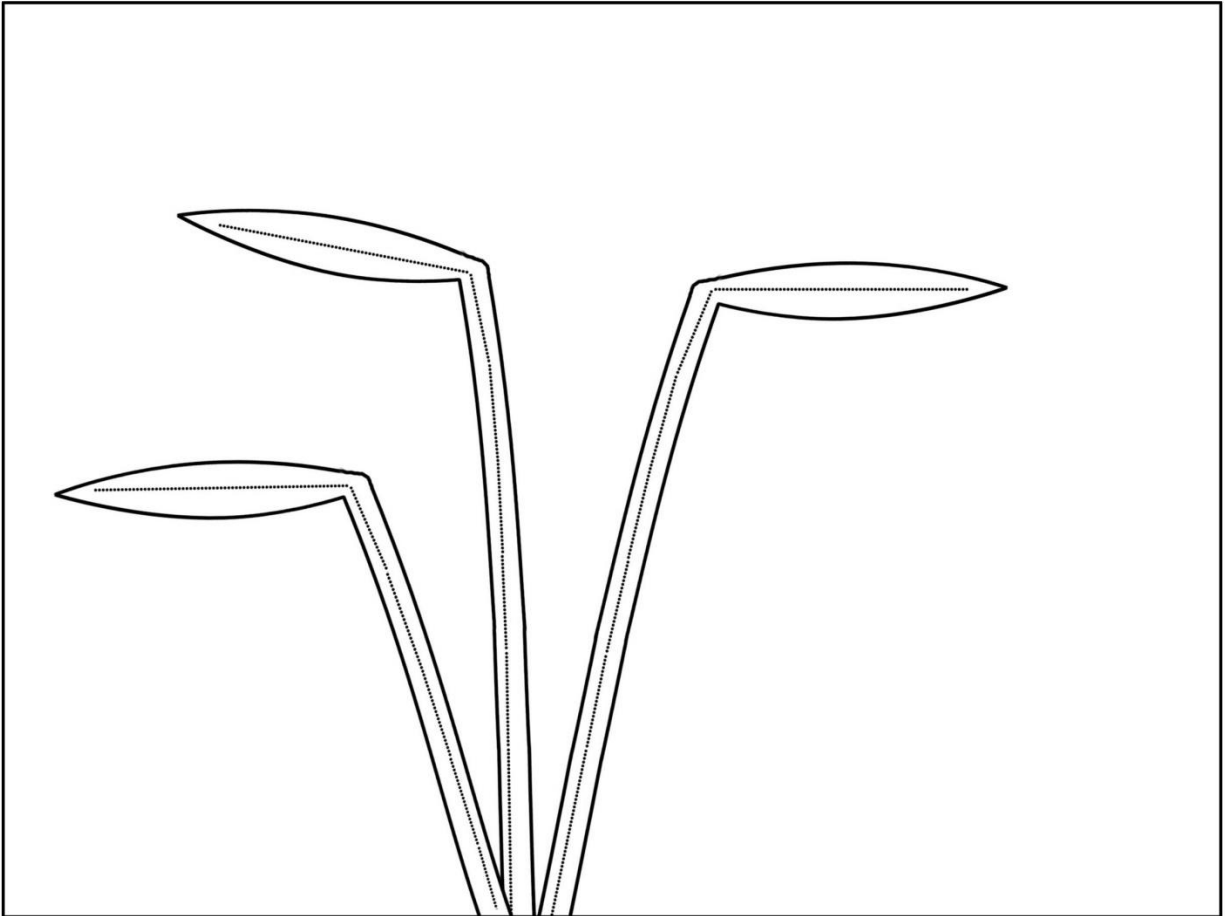
- Position the stems and leaves units as shown in Figure A. Unit B should be  $\frac{1}{2}$ " in from the left edge. The ends of the stems should slightly hang over the bottom. Tack units down with glue stick.

Figure A



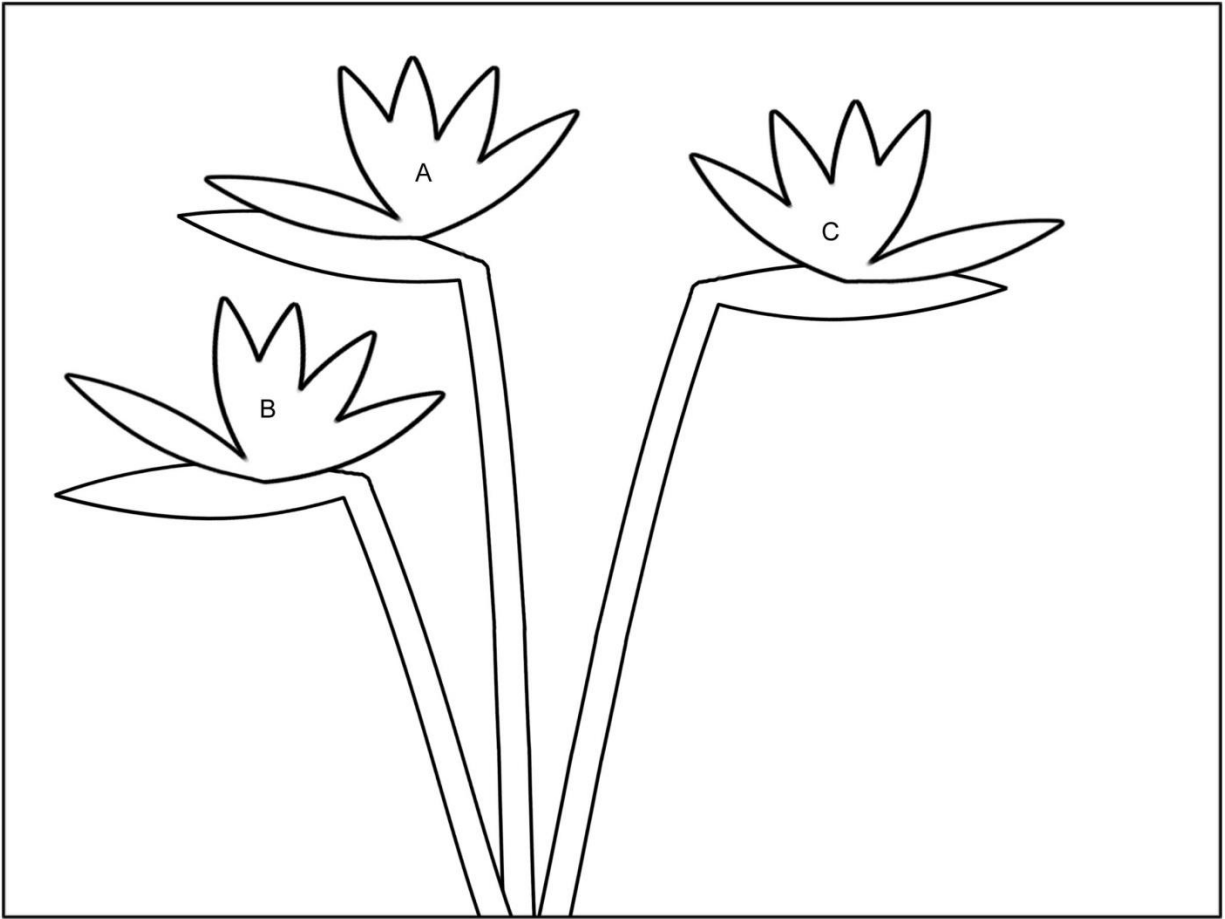
- Sew the stems and leaf units to the background with the 471 floss and a backstitch down the centers as shown in Figure B. Trim any overhang at the bottom of the mug rug.

**Figure B**



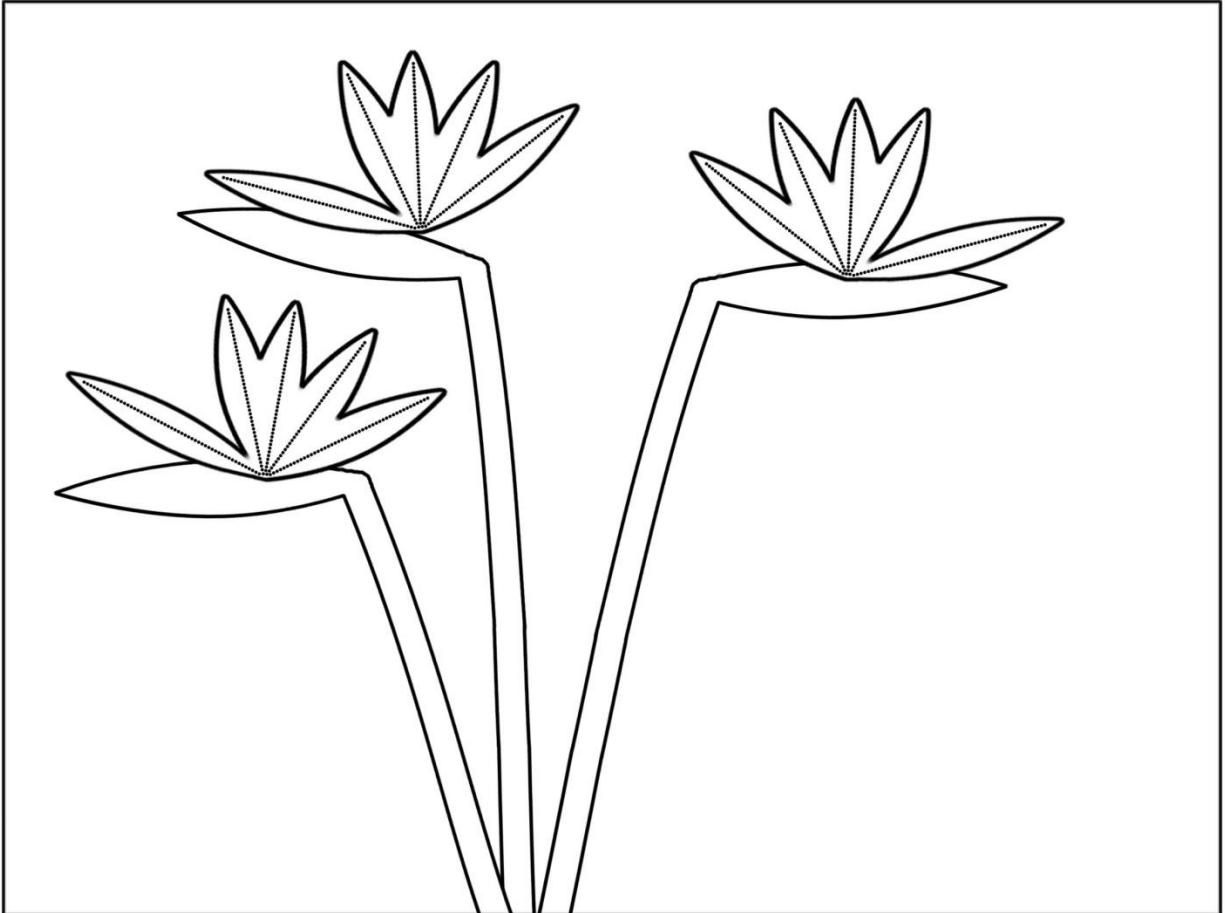
- Position the flowers as shown in Figure C. Tack down with glue stick.

Figure C



- Sew the flowers to the backing with the 351 floss and a backstitch down the centers of each petal as shown in Figure D.

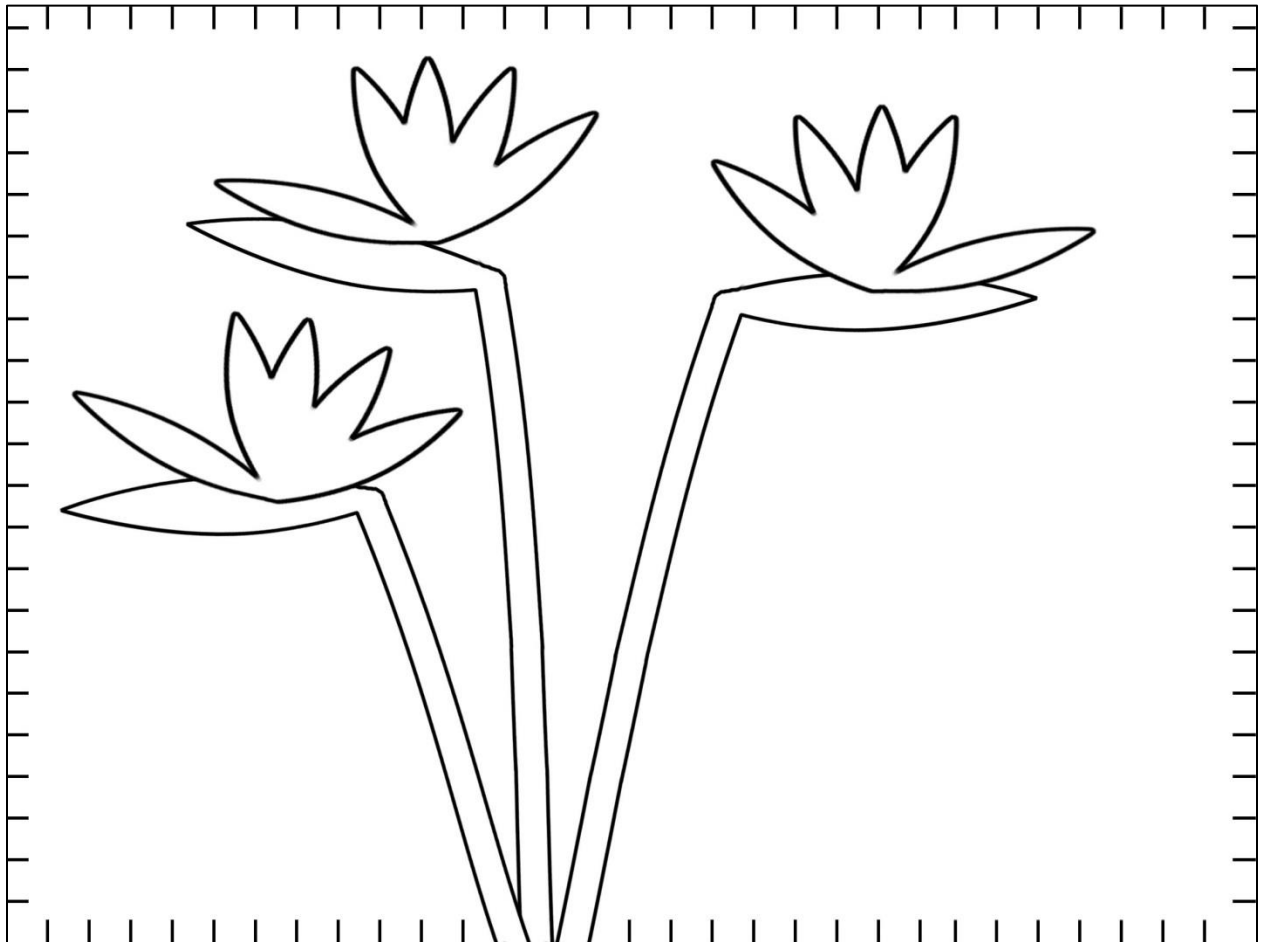
Figure D





- Press the finished mug rug top with an iron on the wool setting.
- Layer the reserved 9" x 12" Charming Coral piece behind the completed top and pin securely.
- Sew around the entire perimeter of the mug rug with the 351 floss and a blanket stitch, skipping over the stem ends. (See Figure E.)

Figure E



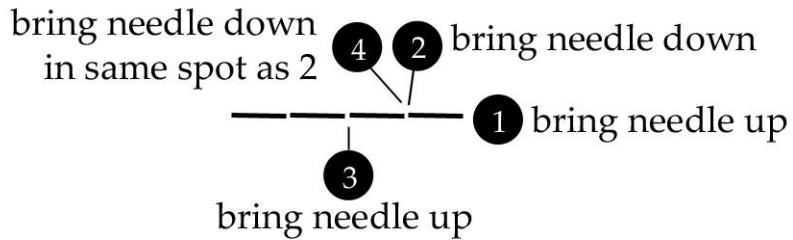
- Press the finished mug rug with an iron on the wool setting.
- The finished mug rug measures approximately 9" x 12".
- For questions regarding this project, please contact Elizabeth at [ecoughlin@comcast.net](mailto:ecoughlin@comcast.net)

## Stitch Diagrams

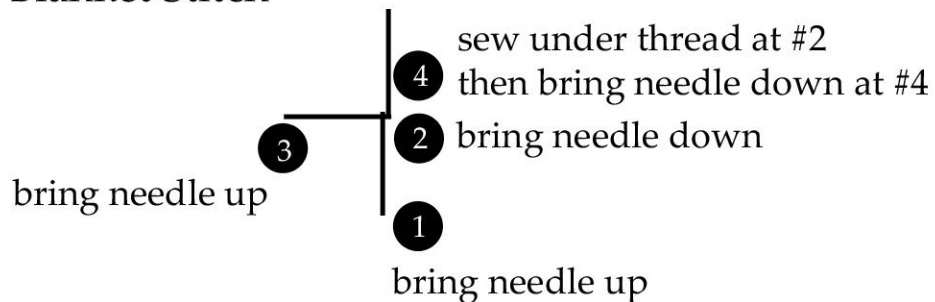
---

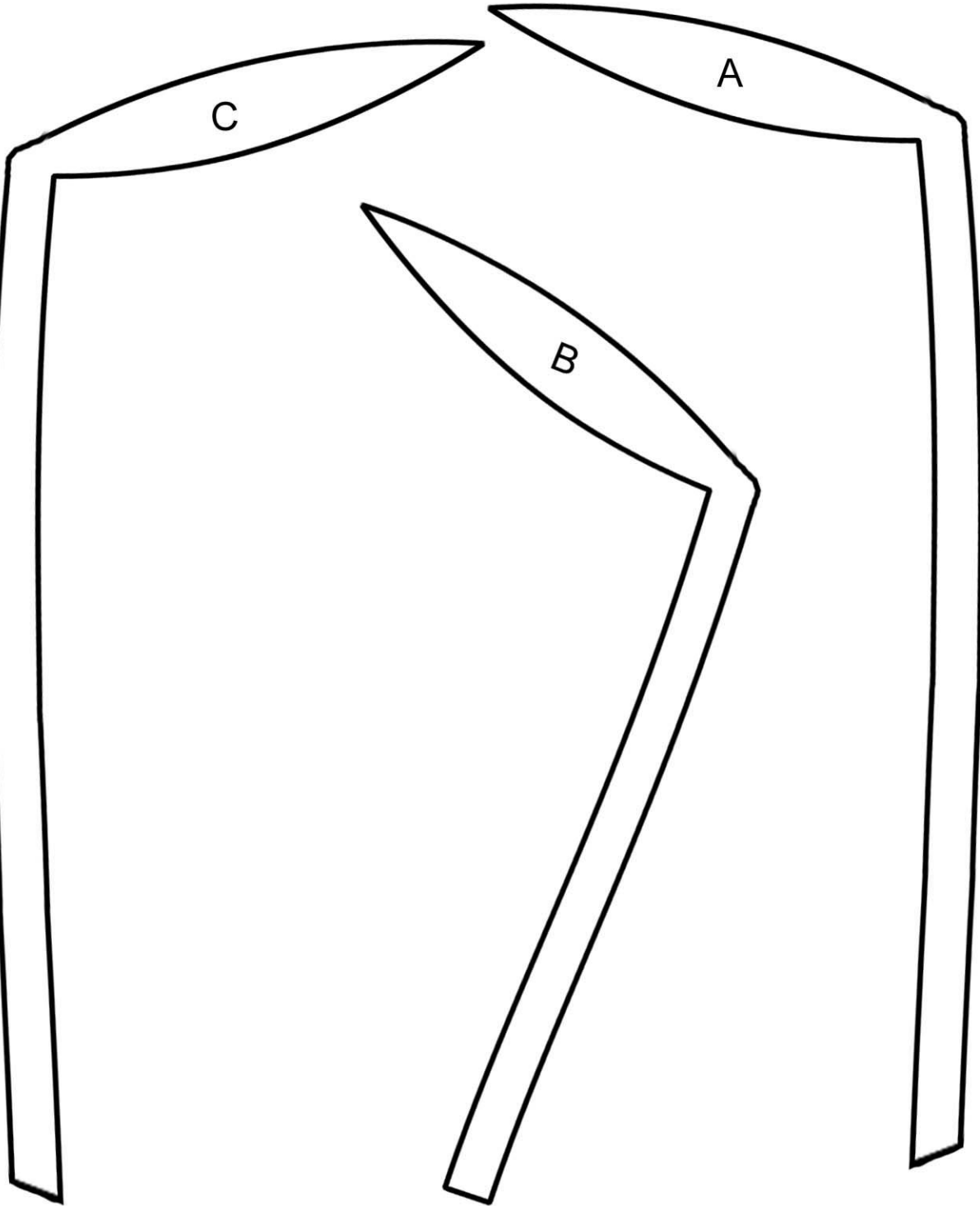
### Back Stitch

Spaces are shown for ease of reading diagram.  
There should be no spaces in between stitches.



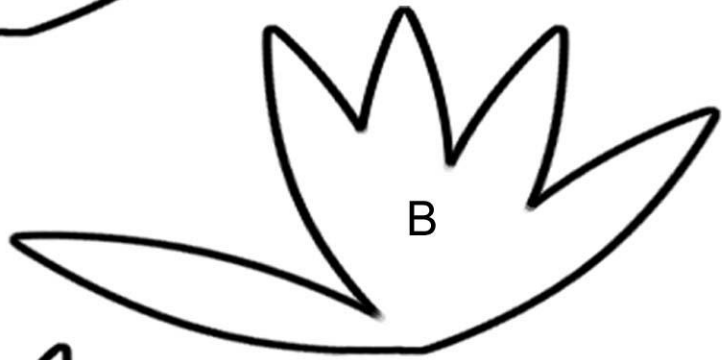
### Blanket Stitch



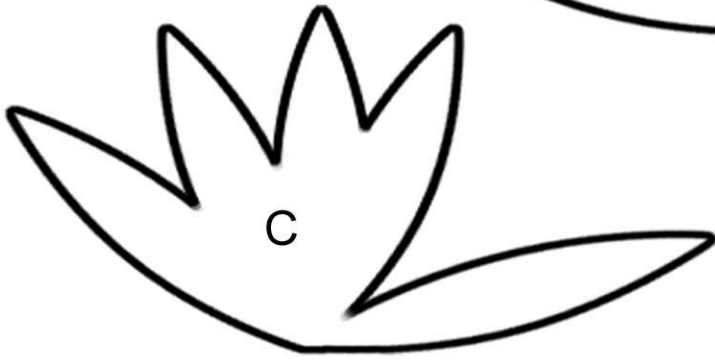




A



B



C